

## Claims

1. Tension or guide rail for a flexible drive means with a carrier body and a guide track which can be pressed onto the flexible drive means, wherein the tension or guide rail comprises an installation channel which acts independently from the guide track and which is formed enclosed on its circumferential surface, wherein the walls of the installation channel are formed by the carrier body.
2. Tension or guide rail according to Claim 1, wherein the carrier body comprises at least a first and at least a second carrier-body side part, the carrier-body side parts are joined together and they jointly define the installation channel.
3. Tension or guide rail according to Claims 1, wherein the installation channel is formed with a first open end and a second open end.
4. Tension or guide rail according to Claim 3, wherein the first open end and the second open end are arranged on opposite face-side ends of the tension or guide rail.
5. Tension or guide rail according to Claim 3, wherein the first open end and / or the second open end is formed with a protruding connection piece or for accepting a connection piece.
6. Tension or guide rail according to Claim 1, wherein the tension or guide rail comprises a slideway liner which is joined to the carrier body and forms the guide track.
7. Tension or guide rail according to Claim 6, wherein the slideway liner is injected onto at least one carrier-body side part.
8. Tension or guide rail according to Claim 6, wherein the slideway liner is joined to the carrier body in a positive locking manner.
9. Timing chain drive for an internal combustion engine comprising a timing chain and at least one tension or guide rail having a carrier body and a guide track pressed onto the timing chain, the tension or guide rail comprises an installation channel which acts independently from the guide track and which is formed enclosed on its circumferential surface, wherein the walls of the installation channel are formed by the carrier body.
10. Internal combustion engine having a timing drive comprising a flexible drive means and at least one tension or guide rail according to Claim 1, wherein the flexible drive means is in contact with

the guide track and an additional component interacting with the internal combustion engine extends through the installation channel at least in some sections.

11. Internal combustion engine having a timing chain drive comprising a timing chain and at least one tension or guide rail having a carrier body and a guide track pressed onto the timing chain, the tension or guide rail comprises an installation channel which acts independently from the guide track and which is formed enclosed on its circumferential surface, wherein the walls of the installation channel are formed by the carrier body, wherein an additional component interacting with the internal combustion engine, at least some sections of the additional component extending through the installation channel.